

Summer and Fall Athletics Registration Process and Practice Schedule

Registration on Family ID is now open.

I. The Registration Process: All participants in athletics and co-curricular activities at Lebanon High School register using the online platform FamilyID:

A New Users: A parent/guardian should register by clicking on this link below.

<http://www.familyid.com/lebanon-high-school>

Key points: The owner cannot be the student athlete. The "owner" of the account must be a parent /guardian. The student-athlete is the participant.

B. Existing User: Please follow the link below:

https://familyid.groovehq.com/knowledge_base/topics/register-for-a-program-as-a-n-existing-user

Important: Parents/Guardians must update the Health questions with any changes that have occurred since your last registration.

C. Family ID Support:

If you need assistance with registration, contact Family ID at: support@familyid.com or tel: 1-800-311-4060

II. Summer Athletics Practice Times:

All participants must be registered on FamilyID: Information attached

Sport/Activity	Day	Time	Place	Beginning Date	Coach Name	Coach Contact
Girls Soccer	Mon/Thursday.	6:00-7:30	LHS Utility Field	6/19/23	Coach Taber	btaber@sau88.net
Boys Soccer	Mon Wed	4:30-6:00 5-6:30	LHS Utility Field	6/19/23	Coach Johnstone	rjohnstone@sau88.net

Football	Mon/Tu/ Wed/ Thu Contact coach for 7 on 7 and skills times	weight room is open and supervised 3 to 7pm for use	LHS Fitness Room	6/19/23	Coach Johnson	dojohnson@sau88.net
Field Hockey	Mon/Wed	6:30-8:00	LHS Field Hockey Field	7/3/23	Coach Valliere	avalliere@sau88.net
Girls and Boys Ice Hockey	TBA – Contact Girls Coach	TBA	LHS Gym or Softball Field	TBA	Coach Sheehan (Girls)/ Boys Coach TBD	<u>msheehan@sau88.net</u>
Girls Basketball	Tuesday and Wednesday 5-7	Contact Coach	LHS Gym	6/19/23	Jeff Sowa	jsowa@sau88.net
Golf	Contact coach				TBD	
Boys Basketball	Contact Coach				Coach Matte	kmatte@sau88.net
Cheer	Contact Coach					
Softball	Contact coach				TBD	
Strength and Conditioning	Mon/Tu/ Wed/ Thu	2:30-6:30	LHS Fitness Room	6/19/23	Mr Kehoe/Mrs Sowa	<u>tkehoe@sau88.net/</u> esowa@sau88.net
Wrestling	Contact Coach	Mon/Wed/ Fri... Times will vary from 4-7	SAU Gym	6/19/23	Coach Wood	cwood@sau88.net

Nordic	Tuesday begin June 20	5:30	Meet at Alice Peck Day parking lot: use paved part of rail trail		Coach Hanna	ghanna@sau88.net
Cross Country	tbd				Coach Lozeau	clozeau@sau88.net

Fall Practice Start Times and Dates

Football: 8/11/23 Bass Fishing: 8/7/2023

All other sports 8/14/23

To participate, athletes need to register on FamilyID.com

First practice and Parent Meeting time:

Sport	Practice Time	Start Date	Parent Meeting	Coach Name	Coach Contact
Cross Country	3:00 PM	14-Aug	Aug 15 430: Contact Head Coach	Kevin Lozeau	Klozeau@sau88.net
Field Hockey	8-10 a.m. 5:30- 7 pm	14-Aug	Aug 15 7:15 pm Field Hockey Field	Amanda Valliere	avalliere@sau88.net
Golf	4 U, 4 pm	14 Aug	Aug 14 5:00 pm at 4 U Golf	TBD	

Boys Soccer	10-11:30 a.m. and 4-5:30 p.m.	14 Aug	Aug 14 : 9:30 a.m.	Rob Johnstone	rjohnstone@sau88.net
Girls Soccer	8am-9:30 am and 5:30pm-7 pm	14 Aug	Parent meeting, Monday 8/14 at 5:30 virtual	Breck Taber	btaber@sau88.net
Cheer	5:30:00 -730 PM	14August	Aug 14 520pm-football practice field area	TBD	TBD
Football	Preseason :5:00pm to 8:00pm In season 3:15 to 5:45	11 August	Aug 10th 6pmLHS Front Lawn	Doug Johnson	dojohnson@sau88.net